



Moms

FOOTBALL

EXPERIENCE



FREE MOM & CHILD
Football Orientation Day

SATURDAY, MAY 13
11 AM - 3 PM AT RIEL FIELD

*Whether you are an experienced football mom or have a child looking to play football for the first time, **don't miss this opportunity.***

*Open to all players **ages 6-14**, and their moms.*

*Moms & players, come **dressed in active wear** for hands-on demonstrations.*

We will serve lunch & special treats for everyone.

LEARN ABOUT
Game Basics, Field Skills
Equipment Fitting
Safe Contact Tackling
Football Safety: The Mom's
Experience



There is no cost to attend this event, but participation is limited and slots fill up quickly. Details available online. Register now!

www.samfa.ca